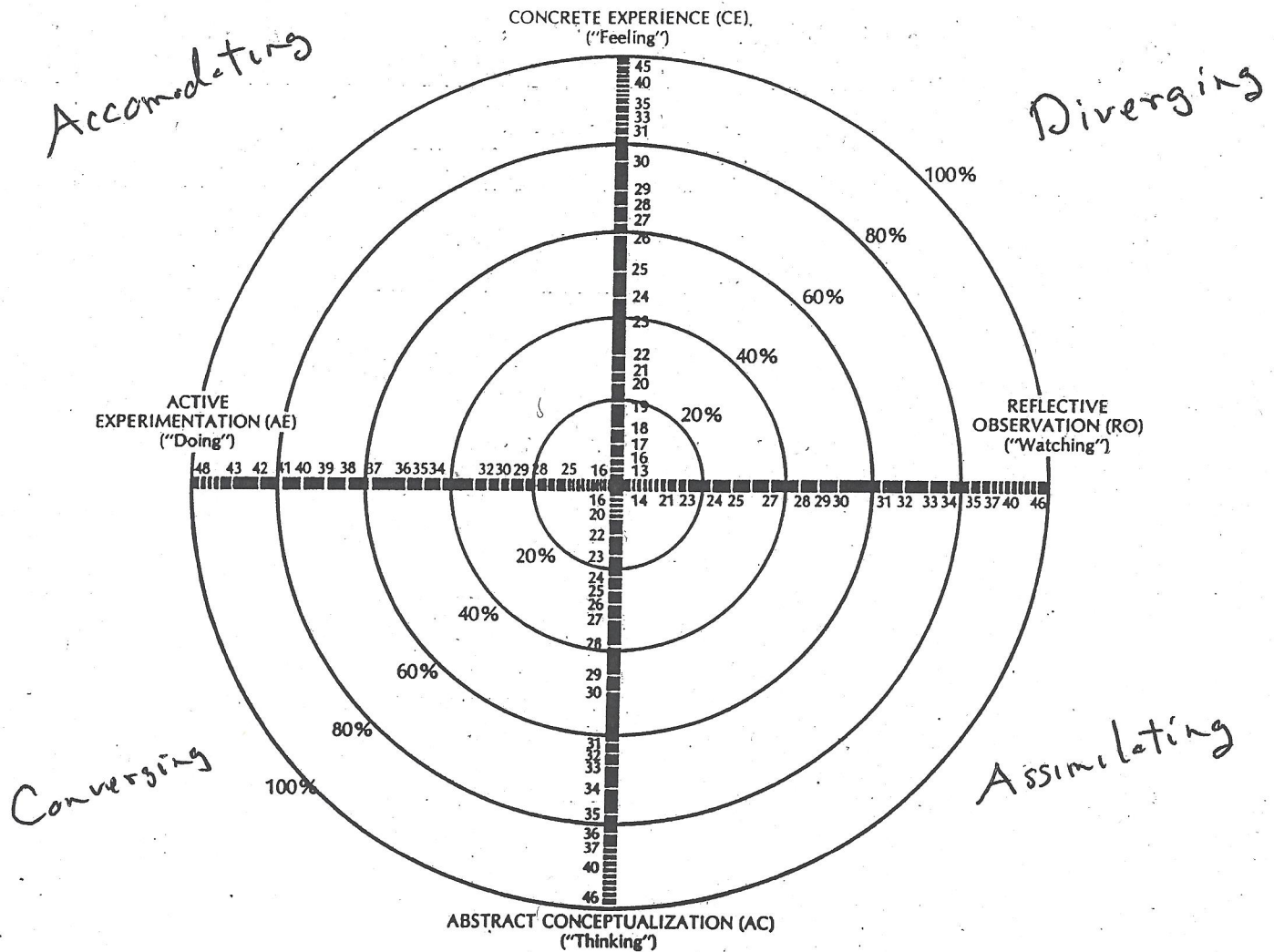# The Cycle of Learning

The four columns that you have just totaled relate to the four stages in the Cycle of Learning from Experience. In this cycle are four *learning modes*: Concrete Experience (CE), Reflective Observation (RO), Abstract Conceptualization (AC), and Active Experimentation (AE). Enter your total scores from each column:

Column 1 (CE): [ ]   Column 2 (RO): [ ]   Column 3 (AC): [ ]   Column 4 (AE): [ ]

In the diagram below, put a dot on each of the lines to correspond with your CE, RO, AC, and AE scores. Then connect the dots with a line so that you get a "kitelike" shape. The shape and placement of this kite will show you which learning modes you prefer most and which you prefer least.

The Learning-Style Inventory is a simple test that helps you understand your strengths and weaknesses as a learner. It measures how much you rely on four different learning modes that are part of a *four-stage cycle of learning*. Different learners start at different places in this cycle. Effective learning uses each stage. You can see by the shape of your profile (*above*) which of the four learning modes you tend to prefer in a learning situation.[1]

On the next page are explanations of the different learning modes.

[1] One way to understand the meaning of your LSI scores better is to compare them with the scores of others. The profile above gives norms on the four basic scales (CE, RO, AC, AE) for 1,446 adults ranging from 18 to 60 years of age. The sample group contained slightly more women than men, with an average of two years beyond high school in formal education. A wide range of occupations and educational backgrounds is represented. The raw scores for each of the four basic scales are listed on the crossed lines of the target. The concentric circles on the target represent percentile scores for the normative group. In comparison to the normative group, the shape of your profile indicates which of the four basic modes you tend to emphasize and which you emphasize less.